



children &  
families of iowa  
www.cfiowa.org

# ASPIRE

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## Celebrating 135 Years

We are thrilled to announce that Children & Families of Iowa (CFI) has reached another milestone in its long history of service to the people of Iowa. This year marks the 135th anniversary of CFI, and we are proud to have been a part of the community for so long.

Our humble beginnings date back to 1888, when a group of ministers and laypeople formed the Iowa Education Aid Association. Their goal was to find homes for homeless, abused, and neglected children in what were then called “childless homes.” This rich history speaks to our enduring commitment to Iowa’s children.

Throughout our long history, we have always been committed to strengthening families in order to prevent out-of-home placement of children if it is safe to do so. We do this by providing support to families in crisis, filling unmet needs, and developing new programs and advocacy initiatives to meet the changing needs of our community.



Over the last 135 years, our mission statement has remained the same, “Restoring hope, Building futures, Changing lives” one child, person, and family at a time. We are so grateful to the families and communities who have trusted us to provide quality, effective services.

Our ability to navigate the multiple system changes, economic crisis, and most recently, a pandemic, speaks volumes to the organization’s resilience and commitment to children and families.

As we embark upon the next 100 years, our goal is threefold:

- Remain true to our mission
- Provide the highest quality services for children and families
- Advocate for those who need us most - children

We believe that by staying true to these core values, we can continue to make a difference in the lives of Iowa’s children and families for generations to come.



**Janice Lane Schroeder**  
CEO

*Restoring hope. Building futures. Changing lives.*

# CFI Highlights T

**1888**

The **Iowa Educational Aid Society** is founded. Three principles are adopted as a foundation for the society's work:

1. A family home is superior to an orphanage or other institution as a place to raise children.
2. There is a childless home for every homeless child.
3. An organization is needed as an intermediary between homeless children and childless homes.

This society evolves into the organization we know today as **Children & Families of Iowa**.



Five children from same family needing homes



1916 – A happily placed boy

**1898**

A children's receiving home is built in Des Moines on East 9<sup>th</sup> Street near Union Park.

**1894**

The organization's name is changed to the **Iowa Children's Home Society**.

**1895**

**Iowa Children's Home Society's** headquarters is relocated to a private home in Des Moines.

**1917**

The organization becomes an agency of the Public Welfare Bureau, now known as United Way.

**1888**

1893

1898

1903

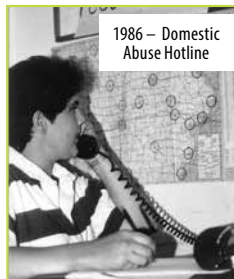
1908

**1913**

1918



Iowa Children's Home  
East Ninth Street Des Moines  
Erected—1897 for \$20,000



1986 – Domestic Abuse Hotline



Connect 2 Careers Graduation

**1963**

1968

1973

1978

1983

**1988**

1988

**1962**

A group home for adolescent girls is opened. Farrand House is named after Nellie and Roy Farrand who created a 10-year trust for its establishment.

**1968**

The Elizabeth S. Turner School begins operating out of the organization headquarters facility. This was a cooperative effort of the organization and the Des Moines Public School System to provide "last chance" opportunities for children who could not attend public school due to behavioral issues.

To better reflect the scope of services offered, the organization changes its name to **Iowa Children's and Family Services**.

**1983**

Child Development Care Center merges with the organization becoming the Child Development Center.

**1986**

The new statewide Domestic Abuse Hotline begins operating at the Family Violence Center.

**1991**

The Board of Directors votes to change the organization's name to **Children & Families of Iowa**.

**1970**

**Iowa Children's and Family Services** purchases building in Des Moines Model Cities area to house Tiny Tots Child Care Center.

**1979**

The Polk County Coalition of Battered Women requests that the organization oversee and operate its Family Violence Center.

**1992**

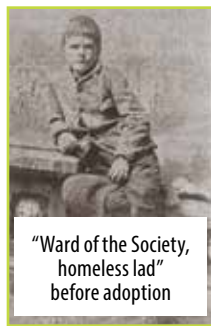
Our Primary Purpose day treatment program merges with the organization establishing Cornerstone Recovery in Ankeny, providing services for families with chemically dependent adolescents.

# Through 135 Years



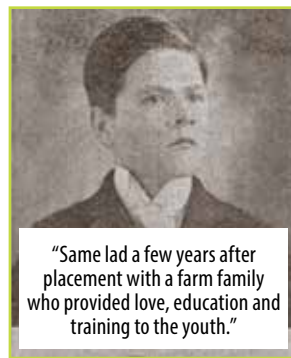
1917 – Foster son returns from WWI, a hero

**1924**  
The State Bureau of Child Welfare began and the organization became licensed as a child placing agency.



"Ward of the Society, homeless lad" before adoption

**1941**  
The Community Chest provides funding that began the organization's work with at-risk children in their own homes.



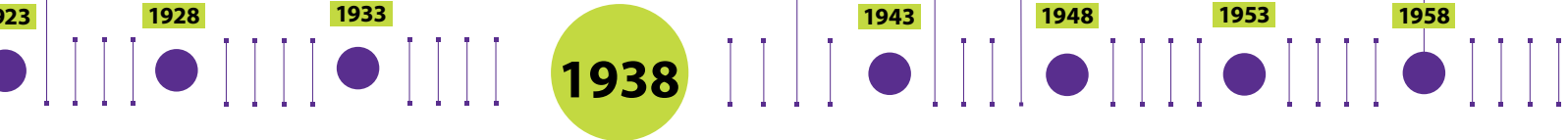
"Same lad a few years after placement with a farm family who provided love, education and training to the youth."

**1944**  
**Iowa Children's Home Society** relocates its headquarters to downtown Des Moines and adds specialized resources to care for and place older children as well as those with emotional and behavioral problems.

**1947**  
The first child psychiatrist is hired by the organization, and it adds a public relations department to improve the organization's financial stability.

**1958**  
St. Monica's School merges with the organization and becomes known as Casady Hall.

**1922**  
A new focus on pre-placement studies before matching children with prospective adoptive families is put in place.



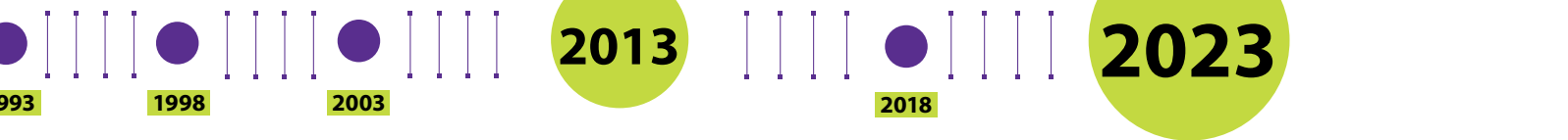
2013 – Child Development Center



Cornerstone Recovery Center in Ankeny



Annual Holiday Shop for CFI families in need.



**1997**  
**Children & Families of Iowa** begins to offer international adoption support.

**2005**  
**Children & Families of Iowa** takes over operation of Teddy Bear Town at Scavo High School, allowing teen moms to graduate high school while providing quality, affordable and convenient on-site child care.

**2010**  
**Children & Families of Iowa** becomes a leader in the delivery of counseling and psychiatric services to rural Iowa counties through Telehealth services.

**2016**  
Cornerstone expands service to adults with substance use issues.

**2023**  
**Children & Families of Iowa** celebrates 135 years of service to Iowans. Our staff serve an integral role in helping fulfill our mission.

**2006**  
Compass Transitional Housing Project begins operation, helping domestic violence survivors establish and maintain violence-free independent lives through skill-building and affordable housing.

**2008**  
**Children & Families of Iowa** begins a formalized outcomes project with the University of Iowa School of Social Work Research Division.

**2019**  
The Parent Partner program begins national training programs for other states.

**2021**  
Domestic Violence Shelter and Child Development Center start onsite mental health therapy services.

# Tribute Gifts

There are many ways to give to Children & Families of Iowa and support its mission of restoring hope, building futures and changing lives. Some people choose to make gifts in tribute to others. These generous donations are thoughtful gestures of appreciation for the honoree *This list reflects tribute commitments made between July 1, 2022 and June 30, 2023.* To make a gift in honor or in memory of a loved one, friend or organization, please complete the enclosed donation envelope or visit [cfiowa.org/give-cfi](http://cfiowa.org/give-cfi).

## **In Honor of Alese Robb**

Dolph J. Robb

## **In Honor of Ann Smisek**

Ann Bublitz

## **In Honor of Bryan Johnson**

Ryan Heiken

## **In Honor of Doug & Jen Barry**

Benjamin Barry

## **In Honor of Eric & Megan Lewis**

The KatalYST Team

## **In Honor of Gary & Jeanne Kos**

Shane Kos

## **In Honor of Harper's first birthday**

Madalynn Slough

## **In Honor of Jayden Peterman**

Katelyn Ellinger

## **In Honor of Kristen Eekhoff**

Stephen Howell

## **In Honor of Laura Wasson**

Aaron Wasson

## **In Honor of Maggie Brett**

Kathy Bermel

## **In Honor of Stacey Granger**

Jay M. Wangerin

## **In Honor of Toby Parriott**

Susan J. Parriott

## **In Honor of Delores Richardson**

LeRoy Richardson

## **In Honor of Tami McLaren**

F&G

## **In Honor of Meheret Grau**

Julie A. Grau

## **In Honor of Tobin Jay Smith and Sarahlyn Sue Smith-Collingwood**

Fred Smith

## **In Memory of Kristie Allen**

Kurt and Janice Johnson

## **In Memory of Kennedy Aurentz**

Kramer Tolzmann

## **In Memory of Rachel Barrett**

Barbara Bai

## **In Memory of Julie Ann Bartz**

Elizabeth McLaughlin

## **In Memory of Larry L. Bass**

Cynthia Bass

## **In Memory of Romania Brown**

D. Colleen Haug

## **In Memory of Darrell J. Gass**

Jason Gass

## **In Memory of David Gleason**

Chris Gleason

## **In Memory of Marjorie Griffith**

Doug Griffith

## **In Memory of John Hall**

Catherine Talarico

## **In Memory of Randall Howard**

Loyce Hairston

Erik and Jennifer Horak-Hult

William and Linda Tigue

David and Nancy Tigue

## **In Memory of Ruthann Jarrett**

Mary O'Brien

## **In Memory of Rosalia LaBella**

James and Angela Romig

## **In Memory of Carl LaBella**

James and Angela Romig

## **In Memory of Anne Leet**

Kristen Stolka

## **In Memory of Peter Lemon**

David and Suzanne Lemon

## **In Memory of Wayne McCracken**

Martha and Ike Young

## **In Memory of Janet M. McMahill**

James and Angela Romig

## **In Memory of Marshal McManus**

Jeff and Gina Yurgae

## **In Memory of David Milligan**

Craig and Kay Lemke

Jill Thompson Hansen & Rich Hansen

## **In Memory of Dorothy Moline**

William and Joan Moline

## **In Memory of Marc Moline**

William and Joan Moline

## **In Memory of Bobbie Milford**

Brandy Vanderpol

## **In Memory of Herbert Murphy**

Pauline Murphy

## **In Memory of Emma Parker**

Paul Davis

Pat Boddy and Rob Davis

Chris Remily

## **In Memory of Patricia Carol Prouty**

Amanda Prouty

## **In Memory of Danielle Remily**

Paul Davis

Pat Boddy and Rob Davis

Chris Remily

## **In Memory of Millie Scharnberg**

Ruby Grunig

## **In Memory of David Stout**

Gloria and Art Filean

## **In Memory of Kimberly Traylor**

Joseph Traylor

## **In Memory of Jeff Zimpleman**

Kristin Gallagher

# Domestic Violence Victims Often Don't Realize They Are At Risk For Abuse Until It's Too Late.



As a bright, young professional, Joleen\* had high expectations. She sought love and respect in her personal life. When she found a partner who offered those key qualities, she dedicated herself to building their relationship and a home. The couple had a daughter together. When an opportunity in Des Moines came up, the young family relocated even though it was far away. Joleen was committed to tending to her new family and agreed to put her career on hold to stay home with their daughter while her partner's income would sustain them. Domestic abuse is subtle or nonexistent in the early stages of a relationship. The perpetrator often presents as charming and trustworthy. Thus, Joleen could not have prepared for what awaited her when she agreed to move far away from her support system. To keep Joleen under his full control, her partner created a situation whereby he could regularly assault Joleen with impunity. Joleen and her daughter were trapped and alone, dependent on him for basic needs like food, shelter, and transportation. Furthermore, the abuser threatened to harm their daughter if Joleen tried to leave.

Social isolation, economic dependence, and threats against the children are three of the strongest tools an abuser utilizes to maintain control.

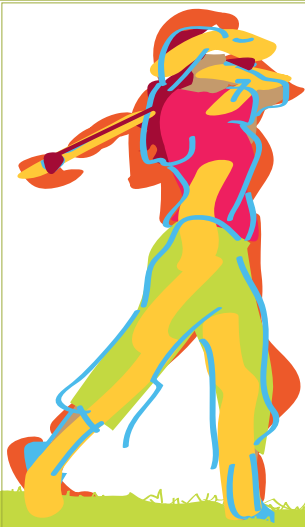
Fortunately, Joleen figured out a way to participate in Children & Families of Iowa's educational and counseling

programs for those who experience domestic violence. Over the course of a year, Jolene learned about the cycle of abuse, coping strategies, and options.

CFI helped Joleen to learn her legal rights in the state of Iowa. Eventually, she made the brave decision to leave her partner and seek an order of protection while he was out of town. Unfortunately, the court was opposed to her course of action and encouraged her to speak with a civil attorney about custody before granting a protective order. While this initially left Joleen unsafe and feeling more helpless, CFI helped her process the best course of action. Joleen continued to work closely with CFI to receive medical, court, housing, and employment advocacy. When it was time for her and her daughter to escape the abuser, they moved into CFI's emergency shelter. Joleen participates in employment training and plans to move into her own apartment. Her goals are to be self-sufficient, live free of violence, and keep her daughter safe. And she wants to help others escape domestic violence.

Jolene is one person, but last year in Iowa, 29,770 individuals were served by the Crime Victims Assistance Unit because of domestic violence assaults. The need is great, and CFI continues to provide services thanks to a broad base of community support.

\*Name has been changed to protect client confidentiality.



children & families of iowa  
**LADIES INVITATIONAL**  
*Golf Tournament*

## Thank You Sponsors



**Nationwide**  
is on your side



**West Bank**



**EquiTrust**  
**Cellular Advantage**  
**IMT Insurance**

**Michael Foods**  
**ITA Group, Inc.**

## Thank You Volunteers

Ann Coffie	CJ Jacobson	Bobbie Richt
Stephanie Dilts	Wendy Kingland	Wendy Spoonholtz
Shana Drake	Moira Leu	Liz Ulrichson
Siera Fergen	Nick McCleish	Tom Westhoff
Carrie Gleason	Katie McCleish	Jolli Wihlm
Dee Hammen	Kassidy Petrillo	Kara Wilson

## Donor Appreciation

**The Easter Family Foundation** awarded CFI with a grant of \$6,000 to support CFI's vulnerable families and children and provide access to the resources and opportunities they need to build a better future. CFI strives to improve the lives of individuals of all ages -- from infants to senior citizens. These individuals face many barriers to success -- such as poverty, unemployment, lack of food and housing, substance abuse, mental health problems, and many other challenges.



**PricewaterhouseCoopers Charitable Foundation**

awarded CFI with a grant of \$25,000. The grant was awarded to support CFI's careers (S4C) program. S4C restores hope and purpose to



individuals receiving Social Security Income (SSI) and Social Security Disability Income (SSDI) through the exploration and attainment of community-based jobs in their chosen career path. This funding allows those jobseekers to become better qualified and ready for success in careers they may have never considered or been exposed to.



**West Bank** awarded CFI with a grant of \$5,500 to support CFI's general mission to restore hope, Build Futures, and change lives by providing services for the most emergent needs, such as domestic violence prevention and intervention, teen programs, family support, early childhood development, mental health, and substance abuse. West Bank is a long-time supporter of CFI.



summer tutoring program powered by

CFI hosted the summer 2023 Jump Start tutoring program. The program provides enriching educational opportunities to students in Des Moines and surrounding areas. We strive to create an inclusive space, free of bias students while embracing cultural values and identity. Tutors assess for gaps in education and focus on achieving mastery in math and reading. Over 400 tutoring sessions were held for 182 students. 100% of the students made progress in math and/or reading, and 83% of students achieved mastery in math and/or reading.

# Holiday Shop

## Volunteers Needed

Monday - Friday | December 6 - 22

## Shifts available from:

9:00am - 11:30am | 11:15am - 1:45pm | 1:30pm - 4:00pm

Volunteers will help families shop for gifts, sort donations, wrap gifts, load and unload vehicles, monitor inventories, and help with miscellaneous projects.

Volunteer  
Sign Up



## Donations Needed

Donations are being accepted beginning November 17th.



Donation  
Ideas



children & families of iowa



## Join Us At Mr. B's \$100 for \$100

Monday, November 6<sup>th</sup> - Sunday, November 12<sup>th</sup>

Make a gift of \$100 or more to Children & Families of Iowa at Mr. B to receive a \$100 gift card to use toward your purchase of \$200 or more.

Gift card expires Nov. 30, 2023. Limit 2 gift cards per person.

Please join us for a reception at Mr. B's with refreshments on Thursday, November 9 from 5:30-7 PM



1995 NW 86th St. | Clive, Iowa  
Hours: Monday-Thursday 10-7  
Friday 10-6 | Saturday 10-5 | Sunday 12-4



A benefit for  
children & families of iowa

www.cfiowa.org | 515.288.1981



## 2023 5k Santa Fun Run Saturday, December 9th at 10am

E. 6th & Walnut

Registration: \$30 8/1 - 10/31

Registration: \$35 11/1 - 11/30

Registration: \$40 12/1 - 12/9



Register today to ensure your full Santa Suit size preference. \$15 of your registration fee goes to charity, choose Children & Families of Iowa as the charity of your choice.

All registrations include a \$10 gift certificate to Fleet Feet Des Moines



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## *Consider a gift of stock this holiday season*

The Foundation for Children & Families of Iowa accepts donations of publicly traded stock. Donors who have owned stock for more than one year and seen growth in value will often have the opportunity for tax savings with these gifts\*. Donations to CFI, are essential to restoring hope, building futures, and changing the lives of Iowans struggling with daily needs.

To make a stock transfer to CFI, provide this information to your financial institution:

DTC #:0015 Morgan Stanley Smith Barney account: 316-116739-246

Name of recipient: Foundation for Children & Families of Iowa

When a transfer is requested, please notify Amy Stapp-Arpy of the gift amount and the institution that will be handling the transfer. You can reach Amy by email at [amysa@cfiowa.org](mailto:amysa@cfiowa.org) or phone at 515-697-7921.

*\*As always, please consult with your tax and legal advisors for accurate information about your personal tax situation.*



**Amy Stapp-Arpy**

CDO/VP of  
Development and  
Communications  
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515.697.7921



**Foundation for  
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