

Restoring Hope. Building Futures. Changing Lives.

Children & Families of Iowa 2008 Calendar
and 2006-2007 Annual Report

Jacob is a bright little boy at the Child Development Center (CDC) who loves learning about dinosaurs. His mom loves him very much, but she also struggles with addiction and chronic unemployment. Jacob comes and goes at the CDC as his mom finds and loses jobs and places to stay.

Last year, Jacob's mom checked herself into in-patient drug treatment and Jacob went to stay with his grandma. Jacob's social worker strongly encouraged her to take Jacob back to the CDC so he could have some sense of stability. Grandma was apprehensive — she didn't know anyone at the CDC and wasn't comfortable leaving him with "strangers." The social worker assured her that they weren't strangers to Jacob and that the CDC specializes in working with kids in similar situations. So, Grandma agreed.

When she arrived at the CDC the next morning, however, she almost changed her mind. I don't know if you've ever been to the CDC, but it is a big, happy place. Kids are almost always playing and laughing, which can make it a little noisy at times. To someone not familiar with it, like Jacob's grandma, it can be a bit overwhelming.

But just as she was taking his hand to leave, Jacob looked up at his Grandma with a big smile. "It's okay, Grandma. You can go now. I'm home," he said.

You see, the CDC was the one place where Jacob felt safe and loved all the time. It was comfortable and familiar. It was where he turned for unconditional support. To a little boy who has known so much pain and instability, it was "home."

I love this story. I love it because it speaks so well to what we do at Children & Families of Iowa. Everyone who comes to us is looking for some sense of safety, love, support or stability. We help them find those things through programs that are restoring hope, building futures and changing lives.

Last Fiscal Year our caring, experienced staff of nearly 250 helped make a difference in over 16,000 lives. We made an impact in every county in Iowa. Thousands of friends and supporters helped us raise over \$4 million for our programs. That's saying something, if you ask me.

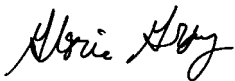
All of this happened while our world went through some significant changes. In November, we partnered with Iowa Kidsnet to coordinate foster care and adoption services across the state. We are proud to partner with Iowa Kidsnet to continue to provide foster and adoptive services for thousands of children and families.

The Iowa Department of Human Services also changed how contractors work with at-risk families to prevent out of home placements. In August, they selected nine agencies to carry out an updated version of in-home counseling services across the entire state. After 30 years of providing in-home counseling services, Children & Families of Iowa was selected as a lead provider of these services (now called Safety and Permanency services) for 35 counties across central Iowa, serving approximately 35% of the population who receive these services.

Finally, in case you haven't heard, CFI's elevate program for foster care and adoptive teens has taken off like a rocket. We now have chapters in seven communities across the state. These amazing kids have received national recognition and spearheaded the effort to pass two laws that help foster care kids in Iowa, and they are currently working on more legislation changes for this year.

We are proud to be here today beginning our 120th year of service. Children & Families of Iowa has always been a leader in our communities, providing services that meet the ever changing needs of at-risk populations across the state. We see a lot more changes on the horizon, and we are prepared to continue our long history of restoring hope, building futures and changing lives.

Thank you for all of your support, and thank you for helping us make a difference in the lives of those who need us.



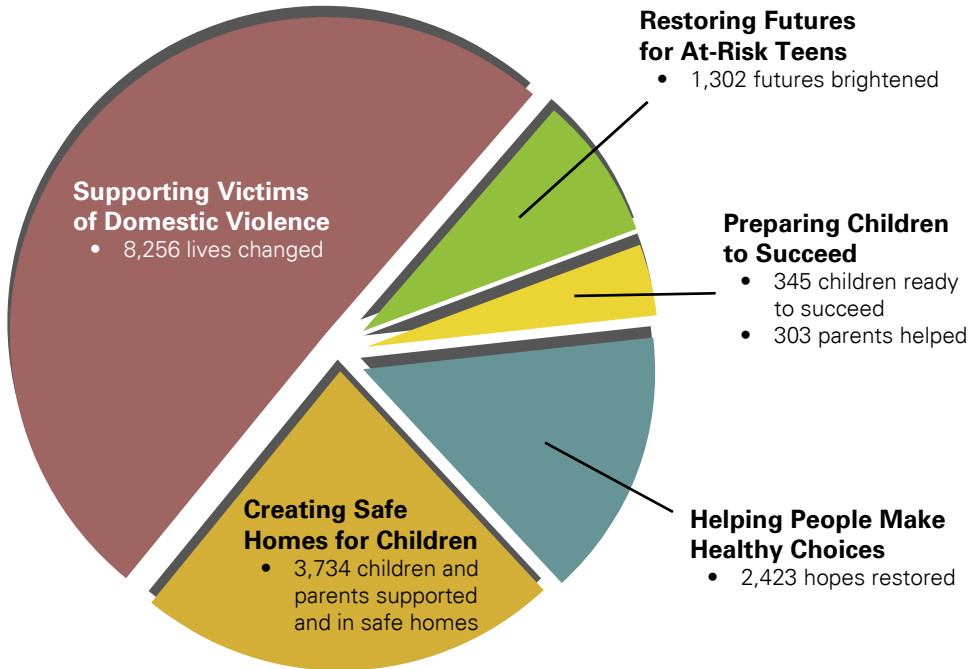
Gloria Gray
Executive Director



Year in Review

Restoring Hope. Building Futures. Changing Lives.

In Fiscal Year 2006-2007 Children & Families of Iowa touched the lives of 16,363 children and adults. We served people in all of Iowa's 99 counties. We invested \$9.4 million in making a difference, and \$0.88 of every dollar we receive is spent providing direct services to our clients. All of our programs are licensed or certified, and 94 percent of our clients reported that our services had a positive impact in their lives.



Revenues and Sources of Support (Fiscal Year 2006-2007)

Purchase of Service	\$4,315,736	45.14%
Grants	2,136,659	22.35%
Third Party / Client Fees	1,694,687	17.73%
United Way of Central Iowa	787,159	8.23%
Support from Foundation for CFI	425,000	4.45%
Contributions**	32,895	0.34%
Miscellaneous***	167,671	1.75%
Total Revenue	9,559,807	100%

** Includes local United Ways (not United Way of Central Iowa) and various community chests.

*** Includes various incomes such as interest income, conference incomes, T-shirt sales and other special gifts.

Foundation for Children of Families of Iowa

Investing in families. Impacting futures.

Every one of us has experienced a time when we needed help from someone – a friend, family member or neighbor. At Children & Families of Iowa we meet people every day who are at this point in their lives. It is the generosity of the thousands of people who donate to Children & Families of Iowa who make the work we do possible. Even small donations can mean the world to someone with nowhere else to turn.

The Foundation for Children & Families of Iowa is responsible for raising the financial support and public awareness needed so that Children & Families of Iowa can continue offering its many community programs. Last fiscal year, the Foundation for Children & Families of Iowa raised \$4,148,142 to support the agency's programs. Last year, through the support of many generous supporters, the Foundation reached 109% of its fundraising goal.



GRANTS

Every year, the Foundation for Children & Families of Iowa receives grants from a variety of community, family and corporate foundations, as well as public grants at the city, county, state and federal level. The Foundation raised over \$2 million in grants during Fiscal Year 2006-2007.

UNITED WAY

The United Way is committed to making an impact in Iowa's communities, and we are proud to partner with the United Way to offer vital services across Iowa. The United Way supports many of our programs, including the Child Development Center, Therapeutic Child Care, Therapy Services and the Family Violence Center, as well as services in our Osceola, Fort Dodge and Centerville offices, providing \$787,159 in support last year.

IN-KIND DONATIONS

Every month, the Foundation for Children & Families of Iowa receives hundreds of dollars worth of in-kind donations such as clothing, school supplies, baby supplies, new toiletries and suitcases for our clients.

The Foundation also participates in an annual holiday toy drive, Toys for Kids, through a partnership with Applebees and Carlos O'Kellys restaurants. Last year we collected over 500 toys for children in Iowa.

ANGELS OF COURAGE

This July, we released Courage to Grow, the third in a series of five Angels of Courage created by Isabel Bloom exclusively for Children & Families of Iowa. Sales of Courage to Grow totaled over \$24,500.

INDIVIDUAL AND CORPORATE GIFTS

During Fiscal Year 2006-2007, 2,930 individuals, organizations and businesses last year contributed over \$350,000 for Children & Families of Iowa's programs. These gifts ranged from \$1 to \$30,000 and are all invaluable as we seek to help strengthen families and restore futures.

A GIFT FOR THE CHILDREN OF TOMORROW

The Endowment for Children & Families of Iowa serves to ensure that the services of Children & Families of Iowa will be here for generations to come. Individuals who make a gift of \$1,000 or more to the Endowment are recognized as members of Children & Families of Iowa's Heritage Society. **A complete listing of Heritage Society members can be found on our web site: www.cfiowa.org.**

For a complete listing of all of our donors,
please visit us online at www.cfiowa.org

EVENTS

Tango on the Terrace

August 18, 2006 was a night of dancing and fun for over 250 people who attended Tango on the Terrace. We once again held the event at the State Historical Building, where proceeds from a live auction, silent auction and admissions helped us raise over \$145,000 for the Family Violence Center.

Panera Bread's Celebration of Family Walk

What could be better than gathering on a crisp October morning with friends, fun and bagels? On the first Saturday in October, over 411 supporters gathered for Panera Bread's Celebration of Family Walk to raise funds and awareness for domestic violence awareness. The event raised over \$8,000 from registration fees, donations and Panera Bread sponsorship.

Holiday Classic

The first Sunday in December was chilly, but that didn't stop folks from coming out on the greens to support Children & Families of Iowa! The Holiday Classic was once again held at Terrace Hills Golf Course in Altoona, Iowa. Last year, in addition to braving the frigid weather to play a round of golf, attendees could also participate in a Texas Hold 'Em tournament. Because of the ongoing support of the Triplett Companies, MetaBank, Taco John's and other forever loyal hole sponsors, this event raised \$35,000 for our programs.

Kidsfest

This year, Kidsfest was still the place to be the second weekend in March. Perennial favorites Spiderman, Veggie Tales and the Fareway Diaper Derby, plus a few new attractions like Curious George, delighted crowds all weekend. We once again teamed up with Veridian Credit Union, and proceeds from sponsorship, booth sales and admissions raised over \$140,000.

Little Houses, Big Dreams

In its third year, Little Houses, Big Dreams was another success for Children & Families of Iowa. The event, held at Jordan Creek Town Center and hosted by Principal Bank, combined the talents of eight builders with the generosity of hundreds of attendees to raise over \$70,000 in a live auction of custom playhouses.





Cornerstone Recovery
Helping Teens Find Brighter Futures

Drugs, alcohol, mental illness — teens today deal with weighty issues that can take over their lives and rob them of their futures. For teens already struggling with addiction, life can seem like a dark tunnel in which there is no turning back. For those who also suffer from mental health issues like depression, anxiety and eating disorders, the light at the end of that tunnel can be dim indeed.

Cornerstone Recovery helps teens find their way out of the dark tunnels of addiction and mental health issues. The program is a family-based treatment program that specializes in working with teens who have histories of addiction and mental or emotional disorders. We help teens choose healthier paths and brighter futures.

January 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Last year, 429 teens received care at Cornerstone, including residential, day treatment, outpatient and continuing care.		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	<p><i>Did you know?</i> Approximately 26 percent of teenagers in Iowa have used drugs or alcohol in the last month.</p>	



Children & Families of Iowa Volunteers and Donors
Changing the World One Person at a Time

Margaret Mead once said, "Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has."

At Children & Families of Iowa, we are lucky to have the support of hundreds of volunteers and other committed friends who do countless kindnesses for those in their communities. They help us plan events and put together mailers. They work directly with clients. They consistently support our programs with financial gifts of all sizes.

These generous individuals who give their time, money and support to Children & Families of Iowa help us create safer families and stronger communities. To view a list of 2006-2007 donors to Children & Families of Iowa, visit us online at **www.cfiowa.org**.

February 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>"We ourselves feel that what we are doing is just a drop in the ocean. But the ocean would be less because of that missing drop."</i></p> <p><i>—Mother Teresa</i></p>					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	



The Compass Project *Moving Victims from Surviving to Thriving*

Every gardener knows that planting a seed isn't enough to make it grow. The seed must have good soil. It must receive the right amount of water and sun. It can't be too cold or too hot. Otherwise, the seed will remain buried and never reach its full potential.

Escaping domestic violence can be like a seed trying to grow without the right resources. Years of isolation leaves many survivors of domestic violence without the financial stability or independent living skills needed to establish and maintain self-sufficient, violence-free lives. CFI's Compass Project helps survivors put down their roots and grow. We offer skill-building classes for survivors and help them branch out into independent lives. We offer affordable housing that makes it possible for survivors with limited financial means to finally begin to create safe, stable homes of their own. The Compass Project is helping victims move from surviving to thriving.

March 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Did you know?</i></p> <p>It takes survivors of domestic violence an average of seven times to finally leave their abusers. Poor credit and employment histories, limited resources and financial skills, and ongoing harassment by their abusers make it difficult for survivors to find housing and employment. Survivors are often forced to choose between returning to their abusers or homelessness.</p>						1
2	3	4	5	6	CFI's Kidsfest!	CFI's Kidsfest!
CFI's Kidsfest!	9	10	11	12	13	14
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



The Child Development Center
Helping Kids Grow and Bloom

Everyone knows that April showers bring May flowers. Unfortunately, April showers aren't always enough to help flowers thrive. Sometimes flowers don't have the right soil, or they may have been exposed to too many chemicals. Sometimes the flowers aren't handled with love and care, so they begin to wilt before they even have a chance to bloom.

At CFI's Child Development Center, we help children for whom a little rain isn't enough. Most live in homes surrounded by crime, drugs and poverty. Many have been exposed to violence and abuse. Others don't have the opportunities to succeed that other children have because their families are living on a limited income. They are forced to grow up too fast, so they don't always have the skills they need to succeed in school.

The Child Development Center plants the seeds of success for these children by making learning fun. We expose them to the right amount of fun and learning, and we help them thrive by instilling good habits that will serve them all their lives.

April 2008

Month of the Young Child

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Did you know?</i></p> <p>In 74% of Iowa families with preschool aged children, all the parents in the home must work to support their family. (Governor's Childcare and Early Education Task Force)</p>		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	<p>In Fiscal Year 2006-2007, CFI's Child Development Center provided care for 308 children.</p>		



elevate
Desire to Inspire

Children & Families of Iowa's *elevate* is a youth-driven program that inspires change, compassion and connections for foster and adoptive youth in Iowa. *elevate* youth share their personal stories of hope, offering an inside-perspective of the foster care system to legislators, foster parents, human services and juvenile court professionals, and the public.

elevate also trains and empowers youth to become advocates for themselves and others. Through seven chapters serving communities across the state, *elevate* provides youth with valuable leadership opportunities to help youth develop their own voices and connect them with their futures.

May 2008

National Foster Care Month

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
<i>Did you know?</i> In Iowa, the Department of Human Services indicates that a little over 500 youth age out of foster care each year.				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



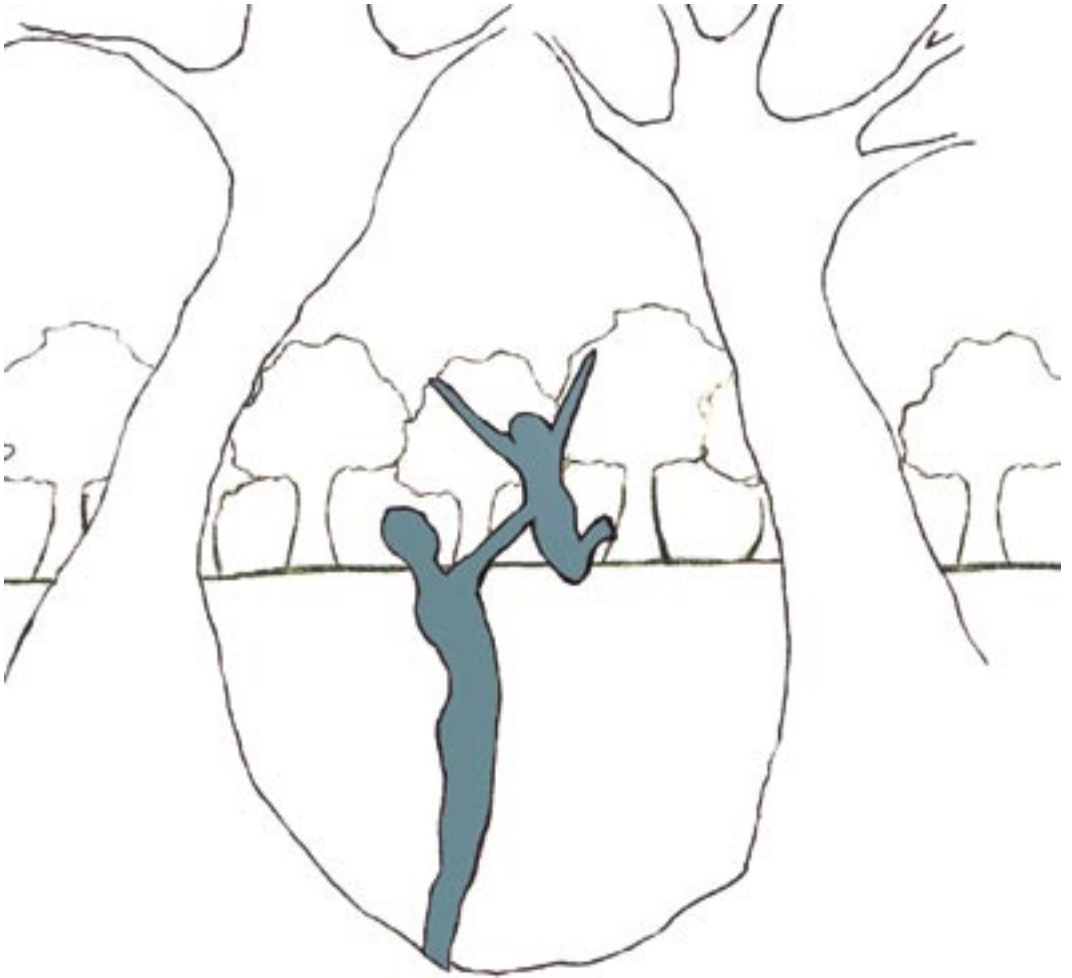
Therapeutic Child Care
Restoring Hope for Troubled Children

Childhood is supposed to be about laughter and learning. But for many children, severe emotional, mental and behavioral disorders make it all but impossible for them to learn and grow. These issues prevent children from forming healthy social relationships and delay their educational development, often before they are even in pre-school.

CFI's Therapeutic Childcare (TCC) offers hope for these children and families, many of whom have failed to succeed in other settings that simply couldn't provide the specialized care they need. Trained professionals help children work through their issues and develop educational plans that take into account their special needs. We offer children a chance to learn and grow, and we offer families the support they need to help their children succeed.

June 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	<p><i>"A man never stands so tall as when he kneels to help a child." —Knights of Pythagoras</i></p>				



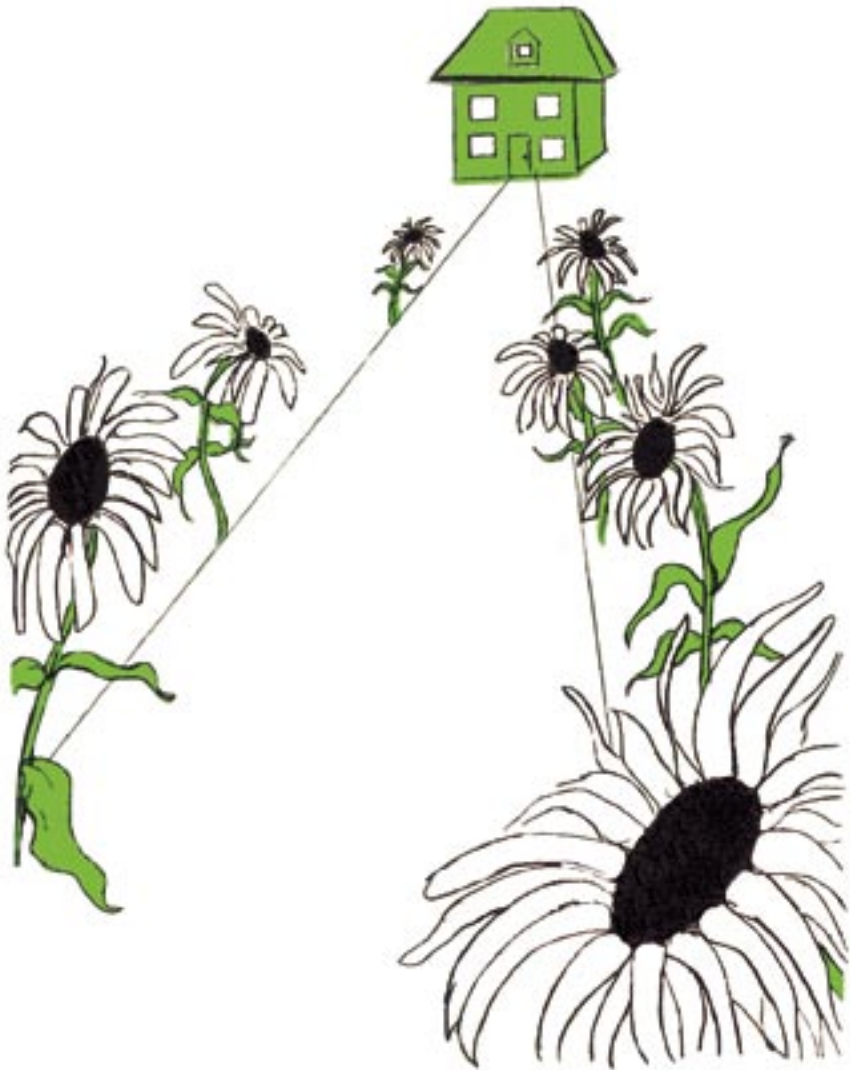
Therapy Services *Helping People Make Healthy Choices*

Imagine you are stuck in a well. Deep in the dark hole, all you want to do is climb out, but you just don't have the tools to do so. People give you advice, but nobody throws down a rope or a ladder. You begin to feel like you'll never get out.

For families and individuals struggling with mental illness, family turmoil, abuse and addiction, life can feel like a bottomless pit. CFI's Therapy Services doesn't just talk about problems, we help people find solutions. We help them come to terms with life's struggles and give them the tools to handle their day to day problems. We help them reach their goals and look to the future with a different perspective. Therapy Services is helping people make healthier choices so they can find their own ways to the lives they want to live.

July 2008

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
CFI served over 1,200 individuals through Family Therapy in Fiscal Year 2006-2007		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	<i>Copper Creek Ladies Golf Tournament</i>	19
20	21	22	23	24	25	26
27	28	29	30	31		



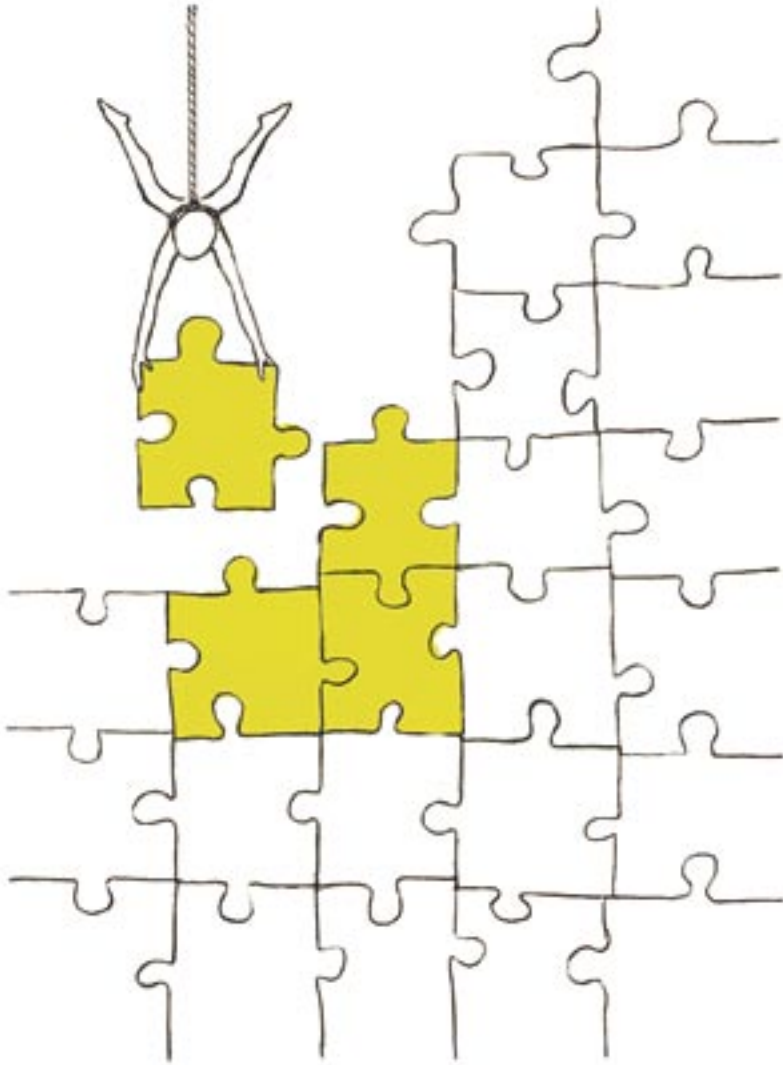
Residential Treatment *Building Futures out of Troubled Pasts*

Teens with histories of behavioral problems, delinquency and aggression issues haven't had many opportunities in life. Years of parental abuse and neglect has left them with skewed ideas about relationships and their futures, and they start to believe that they don't deserve a better life. No one wants to take a chance on a "troublemaker," even though that's often all it would take to turn these teens' lives around.

At Children & Families of Iowa, we take chances on teens whom others have given up on. We operate two residential treatment homes — Farrand House for girls and 1011 House for boys. All of the teens we serve have histories of abuse and trauma. Many have lived in multiple foster homes or group care placements. Others simply have nowhere to turn when their families turn them out. We help teens look at their behaviors and beliefs to help them turn their lives around, and we prepare them for happy, healthy futures.

August 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Last year, the majority of youth served in the residential homes made progress on individualized treatment goals and 83% of the time, youth reported positive changes in their lives as a result of participating in the residential program.</p>					1	2
3	4	5	6	7	8	9
10	11	12	13	14	Tango on the Terrace	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



Teddy Bear Town
Putting the Pieces Together for Young Parents

For teenage mothers, it can be like a puzzle trying to put together life, school, work and caring for their children. Do they choose to finish their education or get a job to pay for the high cost of child care? If they don't finish school, how will they ever get a job that pays enough to provide for their children? Where do they turn for advice when their families turn them out and their friends have left them? How do they know what to do to provide a healthy, safe home for their children?

Children & Families of Iowa's Teddy Bear Town offers another option for parenting teens. We provide childcare and support for teens attending SCAVO alternative high school in Des Moines so they can finish their education. While they are in class, we watch their young children. When they aren't in class, we offer support and advice to help them grow as parents. Teddy Bear Town helps teenage parents put the pieces of their lives together so they can create happy, healthy homes for their children.

September 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	<p><i>Did you know?</i> Teen mothers are more than twice as likely to have a child placed in foster care or to have a reported case of abuse or neglect compared to mothers who delayed childbearing until age 20 or 21.</p>			



The Family Violence Center
New Beginnings for Survivors of Domestic Violence

Chances are you know someone who has been the victim of domestic violence — studies indicate that as many as one in three women will be in a violent relationship at sometime in their lives. She probably doesn't look any different from other people on the street. She could be your co-worker, your neighbor, your friend or your family member.

At Children & Families of Iowa's Family Violence Center, our goal is to respond to the needs of victims of domestic violence and empower them to make changes in their lives. We offer safe shelter, support and advocacy for victims. We offer answers for concerned friends and families. We help train medical and legal professionals, schools and others to help victims take the first steps to ending the violence in their lives. The Family Violence Center is here for anyone who needs help, wants answers or wants to help end domestic violence in Iowa.

October 2008

National Domestic Violence Awareness Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Did you know?</i> Since 1995, 160 Iowans have been killed in domestic violence-related murders. (Iowa Attorney General)			1	2	3	<i>Panera Bread's Celebration of Family</i>
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



Creating Safe, Stable Homes
Helping Families Create Safe Homes

At Children & Families of Iowa, we give hope to thousands of Iowans every year. Hope for a brighter future. Hope for their children. Hope for their families. For families at risk of being torn apart by abuse and neglect, hope is sometimes all they have left.

Through Safety and Permanency Services, an updated version of in-home counseling services started in October 2007, Children & Families of Iowa continues its long history of providing intensive counseling and other services for these families. We help them create safety plans, develop and achieve goals, and work through issues that put children at risk of being abused. Safety and Permanency services keep children safe and, whenever possible, keep families together. We are on the front lines changing lives for hundreds of families in central Iowa.

November 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>"The family is one of nature's masterpieces." -George Santayana</i></p>						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						



The Endowment for Children & Families of Iowa *A Gift for Tomorrow's Children*

How do you make a gift that will last long after you're gone? To date, 115 people have done just that by making a planned gift to Children & Families of Iowa or a gift of \$1,000 or more to our Endowment. These visionary philanthropists are committed to our children's future. Their gifts ensure that Children & Families of Iowa will continue to serve children in the future and that we can weather any disasters, unexpected economic downturns and other unpredictable difficulties.

To see a complete list* of these generous individuals, please visit us online at www.cfiowa.org.

*as of October 8, 2007

December 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
Holiday Classic						
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	We make a living by what we get, but we make a life by what we give. —Winston Churchill		

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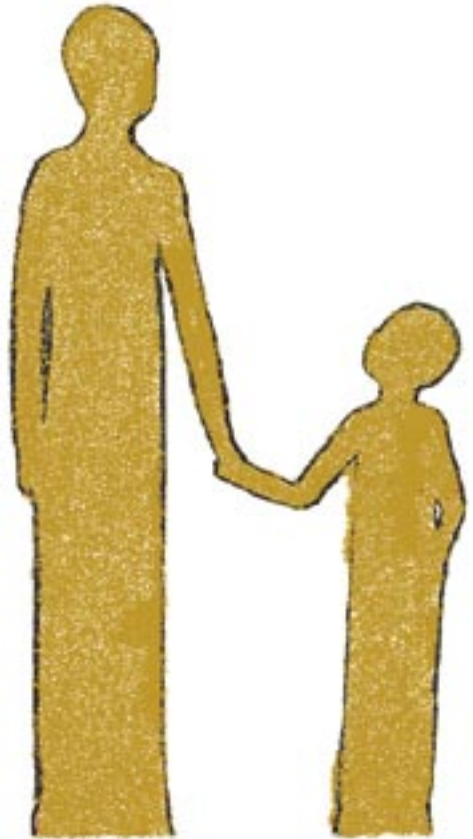
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Toll Free: (866) 866-3852

Osceola Office

115 West McLane
Osceola, IA 50213
Phone: (641) 856-3852

Fort Dodge Office

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Fort Dodge, IA 50501
Phone: (515) 573-2193

Family Violence Center

(515) 243-6147

www.cfiowa.org

Kathleen Sprole is a talented artist and former Youth Service Worker at CFI's Cornerstone Recovery. She received her degree in Art and Psychology from Macalester College in St. Paul, Minn., and she is currently pursuing her Masters of Social Work at Washington University in St. Louis, Missouri. Kathleen hopes to someday use her passion for helping at-risk children by working with young girls with eating disorders.

Kathleen was born and raised in Des Moines, Iowa.