



children &
families of iowa
www.cfiowa.org

ASPIRE

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Taking steps toward a new life



Domestic violence can affect anyone of any age, race, sexuality or gender. Most victims suffer in silence, due to fear of safety, stigma and many other personal reasons.

After experiencing domestic violence firsthand, Lucille* came to Children & Families of Iowa's Domestic Violence Shelter for a fresh start.

She struggled with the difficulties of drug addictions and mental illness, but had reached the point where she was ready to receive help. During her time at shelter, she was referred to substance abuse treatment and domestic violence awareness classes, helping her to understand more about her situation and choices.

While at CFI's shelter, Lucille had searched, applied, and was approved for an apartment in the Des Moines Metro. This was a milestone on her path to independence as she had previously struggled to find housing to call her own. Lucille said that she had not had a comfortable place for herself in a long time as she has been homeless for a while.

She will continue to work with CFI's Domestic Violence Services through outreach, as she builds a better life.

Lucille wants her story to be shared as it may help someone else who finds themselves in a similar situation.

The National Network to End Domestic Violence performed a one-day census on September 10, 2020 of domestic violence shelters across the United States. On that single day, 995 individuals in the state of Iowa received services to escape domestic violence, 392 hotline contacts were received, and 158 Iowans made requests for services that could not be met due to a lack of resources. This included requests for emergency shelter, housing, transportation, childcare, legal representation, and more.

Unfortunately, domestic violence is a familiar part of life for many of those in our community. CFI offers domestic violence services to anyone who is in need. You can help change the lives of victims of domestic violence through your donation to CFI.

**Name changed to protect client confidentiality*

Domestic Violence Awareness Month is observed each year in October.

Shelter and services are free to victims and their families. If you need help or resources, call Children & Families of Iowa's crisis hotline at (515) 243-6147. Specialists are available 24 hours a day, 7 days a week

Please help save lives through your charitable donation to CFI's Domestic Violence Shelter and Services.

Restoring hope. Building futures. Changing lives.

THANK YOU

Donor Appreciation



Ladies Invitational Golf Tournament

Many thanks to the participants of CFI's Ladies Golf tournament! This was a record breaking year with 110 total participants who donated over 1,000 personal care items to CFI's domestic violence shelter! Thank you to West Bank for sponsoring this event, and A.H. Blank Golf Course for hosting this event.



Pictured: Sara Larson and Sara Gallagher of West Bank.



Pictured: Kelley Molitar and Foundation Board of Trustees President Ann Smisek.

Thank you to our sponsors:



Member FDIC



The TJX Foundation awarded CFI with a grant of \$12,500 to support CFI's domestic violence services. The TJX Foundation's mission is to provide great value to our communities by helping vulnerable families and children access the resources and opportunities they need to build a better future. CFI's domestic violence services help enact this mission by empowering victims of domestic violence to recover and rebuild after leaving domestic violence.



variety
the children's charity

Variety – The Children's Charity: Variety awarded CFI with a grant of \$14,350 to purchase kitchen items and mobile ADA tables for the child development center. Variety – The Children's Charity has supported numerous CFI projects in the past and continues to be a valuable partner in our children's programs and services.



Volunteers

Thank you to the organizations and individuals who volunteered for Children & Families of Iowa from July 1, through September 30, 2021!

- | | | | | |
|-----------------|-------------------|-------------------|---------------------|------------------|
| Anna Acton | Max Dayton | Owen Hughes | Kayla Olson | Jonna Wilaby |
| Eric Andersen | Lacey Condit | Tyler Klingbeil | Michelle Pappaducas | Brandon Williams |
| Dani Anderson | Andrea Coon | Shannon Lindeberg | Linda Ruschill | |
| Susan Ayersman | Haley Dubberke | Becca Mataloni | Stephanie Ruzicka | |
| Katie Bostrom | Elodie Ellerbroek | Renaue Mauk | Lindsey Schacherer | |
| Kate Bowers | Emily Forrester | Melissa Millang | Tara Sinclair | |
| Lora Buske | Skyler Fox | Megan Minear | Reagan Smith | |
| Mary Besler | Cayla Garcia | Danielle Neugent | Nicki Sorenson | |
| Shannon Bradley | Andrea Goes | | | |

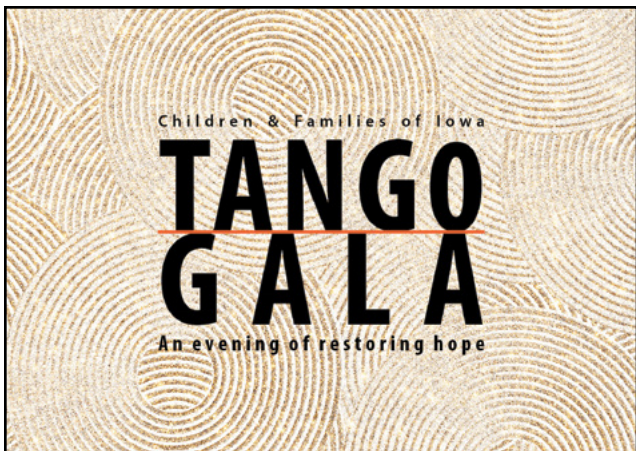


Pictured: Danielle Neugent of ITA Group



Pictured: Emily Forrester, Anna Acton, Stephanie Ruzicka and Raegen Smith

Events



FRIDAY APRIL 22, 2022
The Tea Room, Des Moines, IA

Mr. B—\$100 for \$100

Thank you to Mr. B Clothing for your annual support as well as all who participated in Mr. B's \$100 for \$100 event, held in November.



Mr. B
Clothing

1995 NW 86th St. Clive, IA

Hours: Monday-Thursday 10-7 p.m.

Friday 10-6 p.m. | Saturday 9-5 p.m. | Sunday 12-4 p.m.

LEARN MORE

For up-to-date information and registration for CFI events, visit cfiowa.org.

CFI Holiday Giving

The Foundation for Children & Families of Iowa hosts a holiday shop giving program which provides our clients with gifts for their families. Individuals are able to make selections from gift items, cleaning supplies, household items and staples to replenish their pantries in hopes of alleviating their stress and anxiety during the holiday season. Holiday Shop items will be distributed to CFI programs and clients that were not able to participate in the Adopt-A-Family program. This year, community needs are greater than ever. Please consider a monetary contribution to offset operational costs, and help provide ongoing emergent needs as they change and grow.

For more information, or to schedule a delivery time, please contact Micaela Veenstra, Community Engagement Coordinator at MicaelaV@cfiowa.org



@CFIowa



Children & Families of Iowa

Learn more at www.cfiowa.org



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Consider a gift of stock this holiday season

The Foundation for Children & Families of Iowa accepts donations of publicly traded stock. Donors who have owned stock for more than one year and seen growth in value will often have the opportunity for tax savings with these gifts*. Donations to CFI, are essential to restoring hope, building futures, and changing the lives of Iowans struggling with daily needs.

To make a stock transfer to CFI, provide this information to your financial institution:

DTC #:0015 Morgan Stanley Smith Barney account: 316-116739-246 Name of recipient: Foundation for Children & Families of Iowa

When a transfer is requested, please notify Amy Stapp-Arpy of the gift amount and the institution that will be handling the transfer. You can reach Amy by email at amysa@cfiowa.org or phone at 515-697-7921.

*As always, please consult with your tax and legal advisors for accurate information about your personal tax situation.



Amy Stapp-Arpy
CDO/VP of Development
and Communications
amysa@cfiowa.org
515.697.7921



**Foundation for
Children & Families of Iowa**

515.697.7972 or www.cfiowa.org