



children &
families of iowa
www.cfiowa.org

ASPIRE

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How COVID-19 is Impacting the Services of Children & Families of Iowa

Children & Families of Iowa (CFI) responds to unparalleled challenges in serving clients who already faced food insufficiency, lack of basic needs, stable income/jobs, and affordable housing.

“Our clients faced these needs even before the COVID-19 crisis, but since then their needs have drastically amplified. Keeping clients with mental health issues connected and supported during this crisis has also become a challenge as we have had to expand our technology resources to meet the needs,” stated Janice Lane Schroeder, CEO. “Clients are suddenly required to change the way they connect with staff in an effort to stay healthy and reduce exposure to both client and staff. Often the need for technology and equipment is beyond their access. We are responding to the need in an expedient manner to ensure support when and how needed for clients served. CFI’s operations are being stressed, as we enhance avenues to remain connected to clients when they reach out for help and support.”

CFI provides services for families and individuals struggling with family dynamics, youth work readiness, juvenile justice, personal financial management, child care, domestic violence shelter and support, mental health counseling and substance abuse treatment.

In response to the awareness of the health and safety for clients, staff and community, many of the services CFI provides are currently being done remotely. This changes the dynamics of client engagement, and in many cases there are added barriers to the delivery of services. This includes: time frames in which services must be delivered, access to needed health services, transportation needs which places all at high risk for

exposure and other specific services that are required contractually. This compounds the clients’ basic needs of adequate food and affordable housing.

Not only is the organization concerned for the safety of the clients and staff, there is the added stress of operational shortages. The organization is feeling the financial impact of the crisis. The need for additional workforce, supplies and operational support during the pandemic is a great concern. It is anticipated that more families may lose their insurance and benefits.

CFI historically has served families with high levels of toxic stress which directly impacts their mental and physical health. In order to continue sustaining mental health and substance abuse services, the programs will be required to increase expenses at a time when operational dollars are already stretched to the limit. CFI is in the process of expanding its ability to provide tele-therapy.

It is anticipated that the need for CFI’s services will grow as the impact of COVID-19 increases. “Experts tell us that some families will be leaving children home alone in order to survive and continue to have income. Child and domestic partner abuse is likely to increase as family stress increases. The use of substances and mental health symptoms will be greatly heightened,” stated Schroeder. “CFI’s trauma-informed staff are available to assist children, adolescents, and adults working through these issues.”

For more information about the services of Children & Families of Iowa or to make a contribution please visit www.cfiowa.org.

THANK YOU



Theisen's More For Your Community Grant

CFI extends a special thank you to Theisen's for their generous gift of \$2,000 in support of Keeping Pella and Marion County Children Safe.

"The goal of the Theisen's More For Your Community grant program is to simply give back to our communities and people we serve. We focus these grants on nonprofit organizations that provide food, shelter, healthcare, safety, and education to children and families near to our stores. The Family Safety, Risk, and Permanency (FSRP) Program is a perfect match because it addresses safety and health of children in Pella and

surrounding Marion County. We can't thank Children & Families of Iowa enough for all that they do, and are proud to be a part of their mission." Peter Theisen, Marketing Manager – Digital.

Many of CFI's clients live in poverty and are unable to afford the necessities that create a safe environment for small children.

CFI's in-home counselors work with families whose children have been removed or are at risk of being removed from their home. Staff coach parents on ways to keep their child safe, nurtured, and healthy.

Volunteers

Special thanks to organizations and individuals who volunteered for Children & Families of Iowa from October 1, through January 31, 2020.

Marianne Aldrich	Tyler Ciesielski	Yury Garcia	Addi Kamienski	Jill McClurg	Rokayla	Annika Swenson
Caroline Aldrich	Howard Coakley	Elizabeth	Elizabeth Kaser	Isabel McGrane	Presswood	Dave Swift
Annie Allison	Abby Coleman	Gardner	Barbara Kasting	Sabrina McGuire	Heidi Prewitt	Carolyn Sykes
Dani Anderson	Megan Conway	Jay Gehrt	Sachlin Kaur	Jami McLeod	Jess Redner	William Tam
George Antolik	Olivia Cook	Mikayla Gibson	Md Mehbub alam	Steve McMahon	Bobbie Richt	Cheryl Tamasitis
Holly Appenzeller	Meg Cook	Lori Glynn	Khan	Jean McMurtrie	Cole Rogers	Nia Tanui
Brindy	Dawn Cort	Sarah Goldberg	Karstyn Knight	Bae Meh	Molly Ruser	Patience Tarley
Arredondo	Nailah Cortez	Natalie Gonzalez	Kristy Knutson	Melinda Methony	Shawn Russell	Beth Tecklenburg
Chelsea	Braydon	Kathryn Gouthro	Barton Kopf	Gabi Michalski	Michelle Sabin	Tristan Tegels
Arganbright	Cunningham	Lauren Graff	Shelly Kouri	Rhonda Mickael	Justin Sachs	Grace Terhark
Brad Backer	Kira Currier	Hailie Gumm	Adrian Ksiazek	Liz Mikkelsen	Chris Saldanha	Peyton Thamke
Sarah Bailey	Kristal Currier	Gerardo Guzman	Sonia Kumar	Marie Miller	Lal Sangi	Taylor Thomas
Saumya Balaji	Cathy Davis	Jami Hamilton	Emma Lane	Emma Miller	Monique	Barb Thompson
Jacci Balduchi	Durrell Davis	Karis Hammond	Asher Lane	Catalina	Saunders	Holly Tiggas
Sydney Baratta	Sarah Davis	Eiler Hardt	Grace Larson	Miramontes	Kalie Savage	Kristin To
Kira Barclay	Morgan Decker	Amanda Harker	Christopher	Jeremy Moore	Abraham	Lorrie Trogdon
Lou Barmish	Kloe Diekevers	Jolene Harlow	Larson	Kyah Muleya	Schaecher	Elle Tubbs
Jessica Barron	Zoey Diekmann	Joy Heckman	Aaron Lastuvka	Peggy Murphy	Dave Schaffer	Jonanne Tucker
Tatum Bartlett	Judy Dillenburg	Rania Hashim	Sue Ann	Whitney Neal	Alanna Schiltz	Vanessa Uhl
Rachel Beckman	Lilia Domnenko	Olivia Hayes	Lastuvka	Gayla Nesbitt	Lacey Schmidt	Kelly Van
Alejandro	Quinn Donaldson	Rachel Heinen	Tom Lastuvka	Danielle Neugent	Lyn Senne	DeWalle
Bermudez	Katie Donnelly	Grace Heitman	Shae Laufenberg	Trinity Newman	Ross Setlow	Pete
Marek Beshear	Melanie	Lydia Heitman	Paiton Lee	Melissa Newman	Samantha Severs	VanHouweling
Mary Besler	DouBrava	Garrett Helm	Shelby Lee	Amanda Nixon	Jyotika Sharma	Kailey Van Gundy
Ashely Bethel	Natasha Driscoll	Teresa Henry	Tiffany LeMaster	Yinn Ngov	Christopher	Halle Van Roekel
Kelly Betts	Jeremiah Dronet	Yeisi Hernandez	Daisy Lemke	Jonnie Nordaker	Shaver	Anna Van Roekel
Hannah	Haley Dubberke	Darlene	Delane Lewis	Ben Nugent	Amy Simpson	Erin VanWerden
Blackford	Trudy Eaton	Hollingsworth	Jill Lilienthal	Joy Nyamu	Bob Smart	Kyra Vercande
Ariel Blackford	Anna	Eva Hortsman	Clay Lippert	Adam Olas	Kunal Singhal	Emily Wallin
Gia Brichetto	Egkhounmuong	Jessie Huang	Riley Loeffler	Mariah Parton	Ilda Sivac	Monica Walker
Al Bomer	Lauren England	Kiley Huber	Devan Loffredo	Kashish Patel	Daniel Smith	Christy Waters
Katie Bostrom	DesirA Epps	Hannah Hughes	Margaret Long	Jazlynn Paz	Andrew Smith	Joyce Weddeh
Ken Broadhead	Tyler Erdoesy	Allyna Inn	Kathy Love	Haley Pertzborn	Alexis Smith	Maggie Wenthe
Kathy Bui	Isabelle	Kurt Irlmeier	Hoa Ly	Dan Pham	Abbi Smith	Charlie Wheeler
Heather Burke	Eschliman	Satina Ishibwami	Ved Mahant	Mary Phillips	Claire Smith-	Ciara Wheeler
Kim Burrell	Matt Fahey	CJ Jacobson	Paige Mall	Andrew Philipose	Larson	Kahrlee White
Notilla Broadus	Allie Falenschek	Leslie Jasper	Ana Mamola	Kayla Pickering	Ronda Snyder	Jolli Whlhm
Amelia Brown	Cindy	Dan Jensen	Julia Manyame	Sri Lakshmi	Danielle Socarras	Maggie
Hannah Bruene	Farnsworth	Lauryn	Gaylyn	Prasanthi	Gwendelyn Soliz	Wildermuth
Jack Casey	Sherry Farnham	Johannsen	Markowski	Pinapala	Kari Spethman	Michelle Wilder
Adriana	Laura Fleener	Sue Johnson	Tanya Martens	Emily Plock	Chris Standley	Krys Will
Castellano	Ashley Franke	Nikki Jordan	Emily Martin	Mike Polich	Rachel Standley	Addie Womacks
Alina Causevic	Melena Franklin	Rylee Junk	Abby Martindale	Molly Poock	Gabe Stiles	Molly Wright
Mary Chelf	Cooper Frey	Davin Jury	Olivia Matz	Kendra	Kristen Stover	Jacob Young
Ada Chen	Grace Gan	Said Jusic	Renae Mauk	Pottebaum	Jim Straub	
Jennifer Church	Lucas Gannon	Emma Kajtazovic	Maura McCarthy		RaeAnn Sullivan	

MARK YOUR CALENDARS



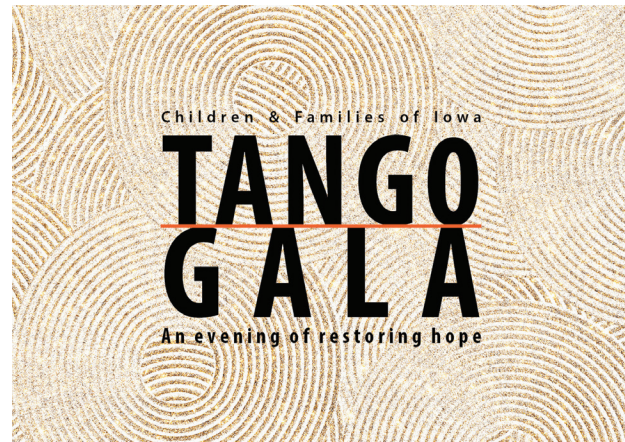
TANGO GALA

POSTPONED

For the safety of our guests the Tango Gala will be postponed to a later date. Please watch for updates in the coming months. We thank our honorary co-chairs Julie and Andrew Middleswart, our sponsors and guests for your commitment to the programs of CFI and your patience during this difficult time.

LEARN MORE

For up-to-date information and registration for CFI events, visit cfiowa.org.



CFI



A big thank you to everyone who participated in Kidsfest 2020 presented by Veridian Credit Union.

The event was overshadowed by the extreme weather conditions which unfortunately resulted in a shortage in proceeds and low attendance.

A special thank you to the following sponsors for helping make Kidsfest 2020 possible:



Event Decorators or Iowa



EMC Insurance
GuideOne
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CAPTRUST
EFCO
Midwest Heritage Bank
Renewable Energy Group
John & Mary Pappajohn

Pending Summer Events



Family Tees Inter-Generational Golf Tournament

JUNE 8, 2020
TERRACE HILLS GOLF COURSE
ALTOONA, IA



Ladies Invitational Golf Tournament

JULY 17, 2020
COPPER CREEK GOLF COURSE
PLEASANT HILL, IA



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Covid-19 – How You Can Help

The need for Children & Families of Iowa's services has grown with the spread of COVID-19. We ask for your help in responding to the unparalleled challenges in serving clients who already faced food insufficiency; lack of basic needs, stable income/jobs, and affordable housing.

The need for additional workforce, supplies and operational support during the pandemic is a great concern. As the impact of COVID-19 increases, and more families lose their insurance and benefits, it is anticipated that the need for community support will continue to grow.

We ask all past, current, and future donors to please consider making a donation by visiting www.cfiowa.org, or returning the enclosed remit envelope with your gift.

Thank you for helping to restore hope, build futures, and change lives in Iowa.



Restoring **hope**. Building
futures. Changing **lives**.

Foundation for
Children & Families of Iowa
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