



children &
families of iowa
www.cfiowa.org

ASPIRE

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I Am A Good Person!

"Hi, I'm Janet,* and the Iowa Department of Human Services (DHS) is involved in my life. I have to take drug tests and have my home inspected to make sure it is fit for my son. What you might not know is that I'm a good person and a good mother, too.

I became pregnant by someone who did not want to be a father. He skipped the state and sent money so I could have an abortion. I nearly did it, too.

To get my mind off the heartache, I made the mistake of using meth. I had Mason a month and a half later. He was a little over two pounds, and the most incredible little thing I've ever seen. Mason was in the Neonatal Intensive Care Unit (NICU) for 53 days. Just as I started to get the hang of my new routine, DHS intervened. They had found traces of meth in my beautiful son's cord test.

With the help of Children & Families of Iowa (CFI), who holds a service contract with DHS, I found the courage I needed to return to the NICU and remember that I am a good person and good mom.

My CFI case worker met me in the NICU. I was scared and worried because she sounded like a tough cookie. Would she listen to my story and let me prove I was worthy enough to be a parent? She did that and so much more. She was there with advice and even helped me find assistance with transportation. If I needed anything, she was a phone call away.

After Mason left the hospital, my caseworker

provided endless support. CFI has advocated for a healthy future for my family and left me remembering that I'm strong enough to move forward."

Janet is just one of over 4,186 individuals who needed CFI's Family Safety, Risk, and Permanency (FSRP) service last fiscal year.

Without the support of our donors, CFI would not be able to assist clients such as Janet in dealing with addiction and learning to keep their children safe and their families together. ■

**Names have been changed to protect client privacy.*



THANK YOU

Mental Health – The Mind Matters

CFI's CEO Janice Lane Schroeder worked collaboratively with Capital Crossroads and the Science Center of Iowa, in one of six mental health Mind Matters – Community Conversation workshops this year.

The March 6, 2019 workshop included a panel of local providers and was moderated by Janice Lane Schroeder, who serves on The Directors Council – One Economy Health Committee.

Children & Families of Iowa provides mental health services in Ankeny, Des Moines, Fort Dodge, and Osceola. Services are available to individuals at every stage in life from infants to senior citizens. For more information, contact CFI Mental Health Services at 515.697.7916, or visit our website at www.cfiowa.org.

CFI Best Local Nonprofit Runner-up, 2019

We would like to thank the participants in this year's CityView Annual Reader's Poll. Children & Families of Iowa is honored to have been named as one of the Best Local Nonprofit Runners-up for 2019.



Volunteers

CFI would like to thank over 1,000 volunteers, who each year add to our ability to bring hope to those we serve. The success of many CFI programs and events relies on the participation of caring and generous individuals who:

- Process in-kind donations
- File documents and do data entry
- Assist with yard-work and maintenance
- Fundraise
- Provide assistance with program projects
- Serve as ad hoc committee members
- And much more!

Special thanks to individuals who volunteered for Children & Families of Iowa from February 1, 2019 through April 31, 2019.

Ana Abram	Frank Foster	Gary Lange	Jen Sorensen
Anthony Bohnenkamp	Andrea Gillmor	Krys Lange	Spenser Sprague
Ashley Bolsem	Ruth Hartman	Brandon Mesler	Eric Swanson
Justin Breese	Jim Holcomb	Gordon Miller	Juli Temple
Ryan Brosnahan	Linda Holcomb	Marie Miller	Barb Thompson
Tabitha Choquette	Eva Hortsman	Anne Owen	Kayla Thompson
Carrie Clogg	Emily Hundt	Brent Owen	Brooke West
Megan Cox	Deanna Ingebretsen	Kate Reed	Jake Whitehead
Nick Elliott	Rhonda Johnson	Karen Schoville	Jamie Wise
Art Filean	Peggy Senne	Peggy Senne	Dawn Zwart
Hope Fletchall	Tiara Kennedy	Claire Smith-Larson	
	Jeffrey Kuhns		

To volunteer, contact Jill Haults at JillH@cfiowa.org.

@CFIowa Children & Families of Iowa

2019 Tango Gala Restores

Friday, April 26, 2019, the Foundation hosted Tango Gala, raising \$169,957.

"Every year I am impressed by the generous support the Foundation receives from corporation sponsors, individuals donors and attendees. Thank you to



Honorary Tango Co-Chairs, Mike and Rhonda McCoy

MARK YOUR CALENDARS



Family Tees Inter-generational Golf Tournament

JUNE 24, 2019

Terrace Hills Golf Course, Altoona, Ia

Join us for an inter-generational golf tournament that is fun for all ages! Three flights are available. Two nine hole, morning flights are best shot, reserved for youth and adult duos. Flight three is an adult, 18 hole, best shot foursome.



LEARN MORE

For up-to-date information and registration for CFI events, visit cfiowa.org.

Ladies Invitational Golf Tournament

July 12, 2019

Copper Creek Golf Course, Pleasant Hill, Ia



Princess Party

September 28, 2019

Jordan Creek Town Center, West Des Moines, Ia



Hope

honorary co-chairs, Mike and Rhonda McCoy, and CFI's volunteer Tango committee members for making this event a huge success," said Amy Stapp-Arpy, CFI's CDO/VP of Development and Communications.



Art and Gloria Filien, Tango Planning Committee member and long time supporters.



Loretta Sieman, 2018 Co-Chair and Mary Radia, 2016 Co-Chair.



Rich Hansen and Jill Thompsen Hansen, Vice President of Governance, CFI Board of Directors.



Janice Lane Schroeder, CEO and Ron Schroeder.



Foundation Board President Heath Bullock and his wife Jodi with Melody and Tim Fordyce.

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Does your employer offer a matching gift program?

An employer-sponsored matching gift happens when an individual makes a gift to a nonprofit organization and utilizes their employer's matching gift program to double or even triple the support to the nonprofit.

Many companies extend this benefit to gifts made by the employee's spouse or retirees of the corporation. Processes and match amounts may vary from one employer to another. For more information, contact your human resources office or Amy Stapp-Arpy at amysa@cfiowa.org.

Partial list of area companies with matching gift programs:

Alliant Energy
Bank of America
Danfoss
Delta Dental
Global Atlantic Financial Group
Grinnell Mutual

MidAmerican Energy
NCMIC Foundation
Pella Rolscreen
Veridian Credit Union
Wellmark



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futures. Changing **lives**.

Foundation for Children & Families of Iowa

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