

ing Over 130

All Her Services In One Place —

N ancy* spent more than a decade addicted to methamphetamine. She lost custody of her

two older children and spent much of that time homeless. With no support system, tools or accountability, she could only manage short periods of sobriety.

"Last December, I had my third child, a precious baby girl. Even though she depended on me for everything, I relapsed and the Department of Human Services (DHS) removed her from my care. I missed her every single day! One of the reasons I had stayed high was to escape the guilt and shame of losing my two older children. I couldn't stand having custody of my baby girl taken from me.

I knew I had to do whatever it took to be a good mom to my baby. I desperately wanted to raise my daughter in a healthy, stable, and drug-free home.

I joined the Recovery Court program where I was able to work with a Children & Families of Iowa's (CFI) recovery support team." explains Nancy.

Nancy completed inpatient drug treatment, and started services through CFI. Her treatment team

> included staff trained in: outpatient drug treatment, domestic violence advocacy, and mental health therapy. "I felt like I finally had all of the resources I needed to stay clean and sober with one group.

Volume 122, Issue No. 2 2017-2018

In July, my daughter and I were reunited, and in August I welcomed my son into the world. I finally feel like I can be a good mom like I have always wanted to be. I now have the tools and support I need to live a sober life. Now that I am sober, I wake up every day knowing that my children will be proud of me.

Recovery is a lifetime process, and I am lucky that I have CFI in place to guide me through this life-changing miracle. My future is filled with endless possibilities. I would like to build a future where I can give back and help struggling addicts, supporting them the way I've been supported."

Thanks to the generous support of donors like you, Nancy will be able to access CFI services as long as it takes to keep her healthy.

THANKYOU

Richard O. Jacobson Legacy Gift

The Foundation for Children & Families of Iowa is very pleased to announce that the Richard O. Jacobson Foundation has generously made a \$500,000 legacy gift to our endowment.

"This is the largest endowment gift that our Foundation has received in its 36year history," said Chief Development Officer Amy Stapp-Arpy. "We are humbled by the compassion and generosity of the Richard O. Jacobson Foundation.



Richard O. Jacobson

"During his lifetime, Mr. Jacobson strongly supported and was committed to the charitable endeavors of Children & Families of Iowa. This memorial gift from the Richard O. Jacobson Foundation to your endowment fund will provide long-lasting support for the mission of your organization." – Richard O. Jacobson Foundation spokesman.

New Board Members

Please join us in extending a warm welcome to incoming members of the Children & Families of Iowa Agency Board of Directors and the Foundation for Children & Families of Iowa Board of Trustees.





Kate Wolfe Director





Bryan Johnson Trustee



David Attaway Trustee

ACCOMPLISHMENTS

Runner-up Best Minority Business Leader

Thank you to those who voted in the Business Records 2018 Best of Des Moines poll. For the second year in a row, Janice Lane Schroeder was honored with the title of "Best Minority Business Leader Runner-up".



Other Des Moines area honorees dr include: Best Minority Business or Leader Winner: Michael Sadler Runner-up; Suku Radia, retired from Bankers Trust

Janice Lane Schroeder Chief Executive Officer

Top State Rating for CFI's Child Care Programs

Children & Families of Iowa's (CFI) Child Development Center and Teddy Bear Town, an on-site child care facility operated jointly by CFI and Scavo High School have received the State of Iowa's Q5 Quality Rating. This is the highest rating given to a child care center by the state.

CFI's Child Development Services provide children ages two weeks to 10 years with quality, affordable child care. Many of these children come from low-income working families. Therapeutic Child Care is available and offers individualized care for children with special needs, often identified as emotional and behavioral. Teddy Bear Town offers child care options for children ages two weeks to three years for teenage parents attending Scavo High School in Des Moines.

MARK Y

2019 Kidsfest, presented by Veridian Credit Union

Friday, January 18, 2019, 6 - 9 p.m.

Saturday, January 19, 2019, 9 a.m. - 6 p.m. Iowa State Fair Grounds, Varied Industries Building Des Moines, IA

- Ten Inflatables
- Live Entertainment on Three Stages
- Circus Train
- **Cartoon Characters**
- **Petting Zoo**

KIDS HELPING KIDS!







Tango Gala APRIL 26, 2019, 6 -10 P.M. TICKETS AVAILABLE AT 2019 TANGO GALA REGISTRATION CFIOWA.EJOINME.ORG

Family Tees Inter-generational **Golf Tournament JUNE 24, 2019 TERRACE HILLS GOLF COURSE, ALTOONA**

Ladies Invitational Golf Tournament JULY 12, 2019 **COPPER CREEK GOLF COURSE, PLEASANT HILL**

LEARN MORE For up-to-date information and registration for CFI events, visit cfiowa.org.

Volunteers.

Special thanks for those volunteering from <u>August 1 - October 31, 2018:</u>

Gino Beltran Dhwani Brahmbhatt Ellie Bryan Kelly Current Nicole Dacus Grace Dong **Stacey Dostal** Michele Flanagan Amanda Gannon

Maria Harrington Elizabeth James Veronica Kayla Johnson Murray Safia Mohamad Azahan

Yadira Moreno- Lyn Senne Figueroa Radhika Peggy Murphy Jasmina Odzakovic Olivia Ogles Lisa Ott Gabriela Pineda-Galan Meredith Rieker

Radhika Sharma Bonnie Stenhauser Jennifer Van Arkel Fernando Zetina

Thank you to all the families, volunteers and sponsors who made CFI's Princess Party such a success on Saturday, October 20, 2018. A special thank you to Panera, Jordan Creek Town Center and Miss Iowa USA 2019 Baylee Drezek for her appearance at Princess Party. For more photos visit www.cfiowa.org.



October 20.



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foundation for children & families of iowa 515.697.7972 or www.cfiowa.org



Minimum Required IRA Distributions - Tax Free Charitable Gifts

If you are at least 70½ years of age, you are eligible to take advantage of a simple way to benefit at-risk families and abuse victims and receive tax benefits in return. You can give up to \$100,000 from your IRA directly to a qualified charity such as ours without paying income taxes on the money. For more information visit the planned giving section of our website at www.cfiowa.org.

As always you should consult your personal advisors before making any charitable gift.



Amy Stapp-Arpy CDO/VP of Developmen and Communications

Restoring hope. Building futures. Changing lives.