



children &  
families of iowa  
www.cfiowa.org

# ASPIRE

Volume 122, Issue No. 1 2018-2019

## Your Support Helps In-need Family Find Quality Child Care

Bob and Jody\* work in the restaurant industry and struggle to make their paychecks cover their young family's needs. With Jody's past history of substance abuse, finding higher paying employment has been difficult. When she became pregnant with their first child, the couple feared Jody would have to quit her job and stay home since the cost of quality child care seemed out of reach. Fortunately, the couple found Children & Families of Iowa's Child Development Center (CDC) and enrolled little Molly. At the CDC, they found the quality child care they were looking for but did not think they could afford. Their family has now grown to four children: Molly now eight, five-year-old Jordan, four-year-old Jack and the newest addition, Sadie, who is just two years old.

After eight years with the CDC, the family continues to praise the quality of care their children receive. Last year, when Jordan began acting out in his kindergarten class, CFI was able to provide additional counseling and coaching for the family. His school recommended that Jordan would benefit from attending behavioral health program sessions. Driving to and from appointments during the work day was not possible for Bob and Jody; CFI was able to assist the family with transportation. "We are grateful that CFI was able to go above and beyond by helping with the therapy he needed," commented Jody.

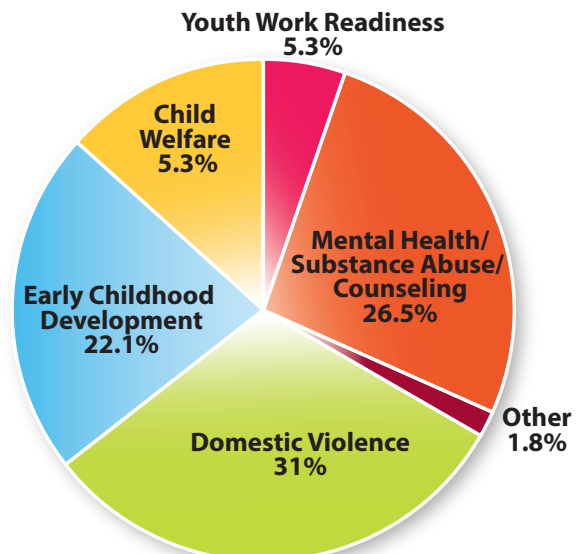
To further help families like Bob and Jody's, twice a year CFI invites a nonprofit mobile dental clinic to the center to ensure all the children have proper

*Continued on Page 3*



Children & Families of Iowa's Child Development Center's 2018 Preschool Graduation program.

### Donated resources by program



# THANK YOU

## EMC Grant Provides Support for Domestic Violence Victims

EMC Insurance Foundation and CFI have a long-standing partnership that dates back over two decades. This partnership continues with EMC's most recent grant of \$12,500 dedicated to helping victims of domestic violence rebuild their lives.

"EMC Insurance Companies is committed to enhancing the quality of life in the communities we serve. It is our business to help people get back on their feet during difficult times. We choose to support Children & Families of Iowa because, like us, they serve Iowans when help is needed most." Sean Pelletier, executive director - EMC Insurance Foundation.

Domestic violence services are based out of CFI's domestic violence shelter, a 62-bed facility offering safe shelter to individuals of any gender and age. Services include a crisis line that is answered 24/7 by compassionate advocates, housing assistance for individuals building a new life after the chaos of abuse, outreach, advocacy and education for survivors and the community as well as support groups for individuals recovering from domestic violence in any of its forms.

Jill's\* first contact with CFI's Domestic Violence Services was a call to the crisis line. She was reluctant to come to a shelter but eventually agreed. She had suffered from significant mental health problems, substance abuse, and a lifelong history of sexual assault and domestic violence. To regain her life Jill worked with CFI to develop multiple goals. CFI helped her secure a temporary restraining order against her boyfriend, seek help for substance abuse treatment and mental health services.

Throughout the process, Jill began to move her life in a healthy direction. "I am grateful for the help CFI gave me. Without CFI, I would not have had the confidence nor the courage to get help."

*\* Clients name has been changed to protect her identity.*

**learn more at [cfiowa.org](http://cfiowa.org)**

## New Board Members

Please join us in extending a warm welcome to incoming members of the Children & Families of Iowa Agency Board of Directors.



**Kira Barclay**  
Board of Directors



**Charles Palmer**  
Board of Directors



## Volunteers

Special thanks to the following organizations and individuals who volunteered for Children & Families of Iowa from May 1 - July 30, 2018:

Cheryl Allen	Kayla Johnson	Halee Sinner
Susan Andersen	Natalie Kellenburg	Ann Smisek
Denies Anderson	Eric Kriessler	Dan Stewart
Jeff Barnes	Patty Maiers	Marie Stokes
Jake Beaver	Josh McCabe	Rebecca Suvalksy
Janel Brown	Marie Miller	Mackenzi Swenson
Curtiss Bruhn	Jamin Morgan	Jason Szlachetka
Callie Chambus	Peggy Murphy	MaryAnn Tayloe
Mykaela Cole	Andrea Niemeyer	Elizabeth Taylor
Max Dayton	Pedro Ocampo	Barb Thompson
John Eckert	Lynette Pace	Kelly Van De Walle
Cheyenne Elde	Hector Pagan	Amanda Watson
Tanya Feldman	AJ Pasdiora	Makenzie Watts
Gloria Filean	Mary Prall	Maggie Wenthe
John Fitton	Oliva Rogers	Kate White
Steve Gauerke	Patricia Rottinghaus	Elizabeth Wilson
Laurie Harvey	Shannon Rudoph	Kathy Zhargami
Teresa Hobson	Vmthum	John Deere Women's
Eva Hortsman	Lyn Senne	Reach Group
Julia Jeffries	Ryan Simons	

# Thank You

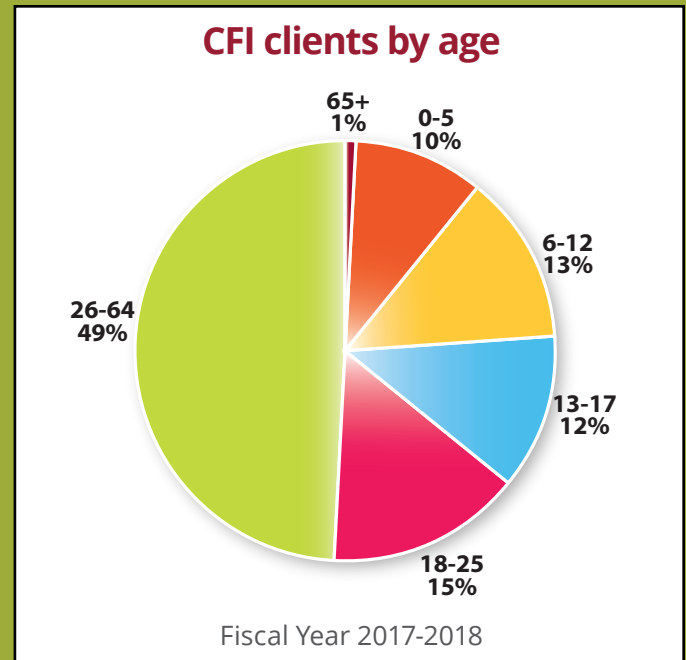
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dental care. During one of those routine visits, it was discovered that all four children required dental work due to significant tooth decay. CFI arranged to have most of the work completed in the mobile dental clinic and provided supplemental transportation for the children to and from appointments that could not be done at the center.

"We are grateful for all that Children & Families of Iowa has done to ensure our children are prepared for the new school year!"

Without the generous support of the community, many of these additional services would not be possible.

*\*All names changed to protect client confidentiality.*



## LEARN MORE

[www.cfiowa.org](http://www.cfiowa.org)

 @CFIowa  Children & Families of Iowa

## Tribute Gifts

The following gifts were given to the Foundation for Children & Families of Iowa between July 1, 2017 and June 30, 2018. To make a gift in honor or in memory of a loved one, friend or organization, please complete and mail the enclosed donation envelope or visit [www.cfiowa.org/give-cfi](http://www.cfiowa.org/give-cfi)

### IN HONOR OF

#### In honor of Angel Works

*James and Angela Romig*

#### In honor of Cathy Brent

*Carl Moses*

#### In honor of Dalton Bullock

*Courtney and J.B. Conlin*

*Discover Chiropractic  
and Acupuncture*

*Linda Fatland*

*Levi Franzen*

*Chris Jenkins*

*Priscilla Sayeed*

*Theresa and John Schumacher*

*Julie Statz*

*Cynthia Stirm*

*Shawn Terrell*

*Andrea Tisor*

*Paul Weeks*

#### In honor of Beth Carlson

*Carl Moses*

#### In honor of our son, John Cayley

*William Cayley &*

*Mary Kell Cayley*

#### In honor of

#### Joyce and Rick Chapman

*John and Jean Matovina*

*Sean McMurray*

*Bruce and Ellen Nelson*

*Kent and Lou Sandburg*

#### In honor of

#### Pamela Christoffers

*Carl Moses*

#### In honor of Torey Cuellar

*Winifred Sumner Robinson*

#### In honor of Abby Erhle

*Lisa Ehrle*

#### In honor of Eric Faust

*Julie Hanson*

#### In honor of Denis Fett

*Doug Fett*

#### In honor of Deborah Gannon

*Carl Moses*

#### In honor of Dr. Kevin Gannon

*Carl Moses*

#### In honor of Monica, Sean, Everest and Laurelei Goedkin Abramowitz

*Patricia Beach Smith*

# THANK YOU

learn more at [cfiowa.org](http://cfiowa.org)

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## IN HONOR OF *(continued)*

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**In honor of Brian Gorton**

*Darlene Gorton*

**In honor of Ralph Gorton**

*Darlene Gorton*

**In honor of our  
Grandchildren**

*Bob and Bernice Davidson*

**In honor of Meheret Grau**

*Julie and Chris Grau*

**In honor of Dr. Gloria J. Gray**

*Dianne Fagner*

**In honor of Karen Guard**

*SWRO Product Team*

**In honor of Carol Hall**

*Carl Moses*

**In honor of****Frances Hassman**

*Larry and Dotta Hassman*

**In honor of Betty Koch**

*Marlys Potter*

**In honor of Susan Krider**

*Lindsay Downing*

**In honor of John Lyden**

*Carl Moses*

**In honor of Jeremy Neswold**

*Robert and Lynn Neswold*

**In honor of Toby Parriott**

*Susan and David Spalding*

**In honor of Pam Rees**

*Carl Moses*

**In honor of Paul Rider**

*Carl Moses*

**In honor of Jen Roszak**

*Dave Roszak*

**In honor of  
Gary and Mindy Scholten**

*Emily Scholten Garrett*

**In honor of****Loretta and Dr. Bob Sieman**

*Robert and Barbara Burnett*

**In honor of Evelyn Smith**

*Sanda Wright*

**In honor of Tobin Jay Smith**

*Fred and Fran Smith*

**In honor of****Saralyn Sue  
Smith Collingwood**

*Fred and Fran Smith*

**In honor of Marie Spieler**

*Steven and Kimberly Baltus*

**In honor of the marriage of  
Lance and Annie Kramer**

*Cynthia Cottrell Hickman &  
David Hickman*

**In honor of  
Connie Thompson**

*Debra Garnes*

**In honor of Todd Thompson**

*Skip and Diane Miller*

**In honor of Gracie Wallace**

*Thomas Press and  
Donna Paulsen*

**In honor of Ross Wastvedt**

*Carl Moses*

**In honor of Brent Willett**

*Steve Ackerson*

**In honor of Patricia Williams**

*Carl Moses*

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## IN MEMORY OF

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**In memory of Steven Arens**

*Melissa Tangen*

**In memory of****Randall John Avis**

*Sheri Avis Horner*

**In memory of Rachel Barrett**

*Barbara Barrett  
Ann Gerber Sakaguchi*

**In memory of  
Sharon Beecher**

*Anonymous*

**In memory of Edna Blome**

*Judith Gustafson*

**In memory of Anne Boye**

*Arthur Turner*

**In memory of  
Libby Caufield**

*Ann Sparks*

**In memory of Betty Cossitt**

*Anonymous*

**In memory of David Gleason**

*Chris Gleason*

**In memory of Erma Hawkins**

*Anonymous*

**In memory of  
Dennis Patrick Hurley**

*Michael and Sheila Dalton*

**In memory of****Merle and Helen Kreager**

*Michael and Priscilla Kreager*

**In memory of  
Peter David Lemon**

*David and Suzanne Lemon*

**In memory of Betty Litton**

*Tamara Anderson  
Shari Atwood  
Sandra Chrapla  
Paulette Clemens  
Cindi Doornenbal  
Susan Lerdal  
Patrice Sayre  
Joleen Wirth*

**In memory of  
Gene and Maxine Martinson**

*Anonymous*

**In memory of  
Dorothy Moline**

*William and Joan Moline*

**In memory of  
Richard Mosqueda**

*Randy Blair &  
Linda Mosqueda Blair*

**In memory of  
Herbert Murphy**

*Pauline Murphy*

**In memory of  
Sharon Parriott**

*Susan and David Spalding*

**In memory of  
Sally Paulsen Wallin**

*Janet Paulsen*

**In memory of  
Marilee Petersen King**

*Anonymous*

# THANK YOU



Through your tribute gift to Children & Families of Iowa, you helped at-risk children and families across Iowa find the support they need to live happier, healthier lives.

For a tour of one of our programs, please call 515-697-7972.

**In memory of  
Kaitlyn Schabacker**  
*Mary L. Schabacker*

**In memory of  
Randall Schabacker**  
*Mary L. Schabacker*

**In memory of  
Ralph Schlenker**  
*Dr. Gloria J. Gray*

**In memory of Kristy Schultz**  
*Marge Ludwig*

**In memory of  
Bruce H. Staples**  
*Dr. Lawrence and Marilyn  
Staples*

**In memory of  
Christopher Swift**  
*Bill and Mary Swift*

**In memory of the selfless  
woman who gave up her  
child in 1947. That person  
truly was a gift to our family.**  
*Helen Robinson*

**In memory of  
Calvin Trullinger**  
*Rosemary and John Allen  
Yvonne Aversa  
Stacie Garmon Leinen  
& Kyle Leinen  
Holly Jimenez  
Nikki Kidd  
Charlotte O'Hern Perry  
Lisa and Wayne Rohauer*

*Susan Smith  
Jessica Van Hemert*

**In memory of  
Elizabeth Turner**  
*Arthur Turner*

**In memory of  
Jeff Van Ommen**  
*Kathy Ahnen  
Dale and Joann Van Ommen*

**In memory of Caleb Vilmain**  
*Dawn Martino*

**In memory of Amelia and  
Robert Webb**  
*Sheldon and Esther Stout*

**In memory of  
Finn Winn Bousquet**  
*Trish Fenton*

**In memory of  
Jeff Zimpleman**  
*David and Joanne Tigges*



learn more at [cfiowa.org](http://cfiowa.org)

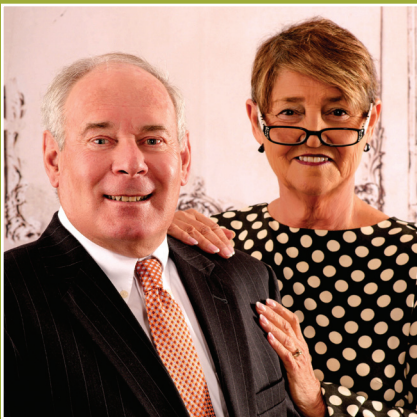
# The Foundation for Children & Families of Iowa's Tango Gala

July 27, 2018

On Friday, July 27, 2018, the Foundation hosted its annual Tango Gala, an evening of dancing, live music, food and bidding on auction items. Held at the Sheraton West Des Moines Hotel, Tango is a premiere fundraising event for CFI. With over 250 paid attendees, Tango raised \$120,000 to benefit the programs of CFI, which impact thousands of at-risk children and families throughout Iowa every year.

"Tango is a fantastic opportunity for community members to invest in programs that directly

benefit Iowans in need of safe shelter, mental health services, and other vital programs," said Amy Stapp-Arpy, CFI's CDO/VP of Development and Communications. "Every year I am impressed by the generous support the Foundation receives from corporate sponsors, individual donors and attendees. Special recognition is due to our honorary co-chairs, Loretta and Dr. Sieman; we truly appreciate their involvement."



Honorary Tango Co-Chairs Loretta and Dr. Bob Sieman



Foundation Board President Heath Bullock and his wife Jodi.



Foundation Board member Carrie Weber and her husband Adam.



Foundation Board Past President Ray Hansen and his wife Stacie.



Agency Board President Mark Hasting and his wife Cheryl.



Left: Janice Edmunds Weeks, Ron Schroeder and Janice Lane Schroeder Children & Families of Iowa CEO.

# MARK YOUR CALENDARS



Kidsfest! 2019 presented by Veridian Credit Union



## New Date Same Location

Friday and Saturday, January 18 & 19, 2019  
The Varied Industries Building – Iowa State Fairgrounds  
Des Moines, IA

**Iowa's largest children's festival is in January this year!** Bring the kids out for fun activities and generate resources for the programs of Children & Families of Iowa at the same time!

## LEARN MORE

*For up-to-date information and registration for CFI events, visit [cfiowa.org](http://cfiowa.org).*



### VIP Fundraising Event

SEPTEMBER 12, 2018, 5-7 P.M.

Smash Park  
6625 Coachlight Dr, West Des Moines

All proceeds will be donated to CFI in support of community impact. Event features: live music, giveaways, games and food and beverages.

Tickets: \$10 for Adults  
\$5 for children under 18.

Advance ticket purchase is recommended at <https://bit.ly/2OKKICA>

learn more at [cfiowa.org](http://cfiowa.org)

## CFI Summer Golf Events

Thank you to all our Family Tees and Ladies' Golf Tournament sponsors, volunteers and golfers!

Golfers of all ages joined the Foundation for Children & Families of Iowa on June 25, 2018, for a friendly, multi-generational golf outing. Held at the Terrace Hills Golf Course in Altoona, Family Tees Golf Tournament exceeded the fundraising goal, thanks to generous sponsors and participants.

On July 13, 2018, ladies from across central Iowa enjoyed a morning on the green at Copper Creek Golf Club. The Foundation for Children & Families of Iowa's 18th annual Ladies' Invitational Golf Tournament united donors, community members, and sponsors to raise money for the programs of CFI.



Pictured: Jon and Jackson Hummel and Carter and Cate Trewet.



Pictured are: Pam Bryan, Shannon Arendt, Dee Dee McDonald, and Lisa Miller.



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Ray Hansen, Past President,  
Foundation Board of Trustees  
2017-2018



Heath Bullock, President,  
Foundation Board of Trustees  
2018-2019

**Foundation for  
Children & Families of Iowa**

515.697.7972 or [www.cfiowa.org](http://www.cfiowa.org)

## Foundation Announces Board Leadership Transition

On July 1, 2018, the Foundation for Children & Families of Iowa's Board of Trustees announced the election of Heath Bullock of CREC Iowa as the new board president. Heath has served on the board for three years and chaired a number of committees and special projects. "Heath's generosity with his time and talents has been a great asset to the Foundation," stated Amy Stapp-Arpy, CDO/VP Development and Communications.

Heath takes over from Ray Hansen of Kidder Investments, now serving as past-president. Ray led the Board to success last year by completing and exceeding all strategic goals. "Ray is passionate about doing the right thing and it shows in his commitment to volunteerism and the development of much-needed resources for the programs of CFI."



**Amy Stapp-Arpy**  
CDO/VP of Development  
and Communications

Restoring **hope**. Building **futures**. Changing **lives**.